

RAKESH PRAJAPATI

Mountain Leader (UIMLA)

Trekking Guide

PERSONAL INFORMATION

Full Name	Rakesh Prajapati
Permanent Address	Chabahil-7, Kathmandu, Nepal
Date of Birth	May 13, 1980
Languages	Newari, Nepali, English and Hindi
Contact Number	9851008367 (WhatsApp)
Email Address	rakesh.prajapati@gmail.com / rakesh@rakesh.com.np
Website	www.rakesh.com.np
LinkedIn	prajapatirakesh
Instagram	prajapatiracks
Facebook	prajapati.rakesh

SHORT INTRODUCTION

After working nearly two decades in the IT industry, I transitioned into the adventure tourism sector to pursue my passion for the outdoors. I have since built experience as a trekking guide and Mountain Leader, leading groups across diverse terrains.

In addition to guiding, I am actively involved in sports photography, with a particular focus on trail running events. I also engage in rock and peak climbing, combining my love for adventure with visual storytelling to capture the essence of mountain life and the outdoor experience.

EDUCATION

- Bachelor's Degree in Business Studies — Tribhuvan University, 2003
- Proficiency Certificate Level in Management — Tribhuvan University, 2000
- School Leaving Certificate (SLC) — National Examination Board (NEB), 1998

WORK EXPERIENCE

Self-Explore: Annapurna Circuit, Annapurna Sanctuary, Lower Mustang, Gosainkunda, Langtang, Rara, Shey Phoksundo (2004–2016)

Assistant Guide: Everest Base Camp & Island Peak Trek (2017)

Trek Guide: Annapurna Base Camp, Annapurna Circuit, Manaslu Circuit, Everest Base Camp, Langtang Valley, Lower Mustang, Gosainkunda, Helambu Circuit (2018–2021)

Trip Lead: Everest Base Camp, Annapurna Circuit, Lower Mustang, Upper Mustang, Helambu Circuit, Bigu, Langtang Gosainkunda (Ongoing)

Hike Lead: Around Kathmandu Valley, Around Pokhara (Ongoing)

PHOTOGRAPHY

- Fishtail Race — 2021
- Manjushree Race (KVR) — 2021–2022
- Everest Marathon — 2023–2024
- Stupa to Stupa Race — 2023
- Sindhupalchok Trail Race — 2023

- KORA (Cycling Event) — 2023–2026

PROFESSIONAL TRAINING

Trekking Guide Training

- Trekking Guide Training — 2019

Rock Climbing Training

- Introductory Rock-Climbing Course — 2020
- Rock Climbing Level One — 2021

Rescue Training

- Basic Mountain Rescue — 2020

First Aid Training

- Wilderness First Aid, Himalayan Medics — 2020
- Wilderness First Aid, TAAN — 2023

Mountain Leader Course

- Basic Mountain Leader Course — 2023
- Summer Skills Course — 2024
- Winter Skills Course — 2025
- High Altitude Course — 2025